

## DEVELOPMENTAL HIP DYSPLASIA (DDH)



- Hip dysplasia refers to an abnormality in the development in the size, shape, orientation, or organization of the femoral head, acetabulum, or both.
- DDH is a silent condition and is time sensitive. The most common congenital anomaly of the lower extremity. It ranges from severe to mild acetabular insufficiency to frank dislocation
- Occurs in 1:1000 births
  
- **Terminology you will encounter:**
  - Developmental Dysplasia of the Hip (DDH)
    - More accepted as this is an evolving condition after birth
  - Congenital Dislocation of the Hip (CDH)
  - Neonatal Hip Instability (NHI)
  - Acetabular Dysplasia
  
- **RISK FACTORS**
  - Breech
  - Twin Pregnancy
  - Oligohydraminos
  - Family history
  - First Born
  - Female
  - Packaging disorder
  
- **Classify as Early vs Late**
  - Age of presentation and severity of dysplasia will impact treatment periods, method of treatment and the need for surgery. Each hip has their own “personality” and there will be variability with treatment compared t**This will be a the decided upon by your treating doctor.**

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Disclaimer: Information provided by this is purely for reference only and medical review and opinion is recommended. Please consult your caring medical practitioner