

Check your baby's hips

Hip Dysplasia

Baby hips that are dislocated are not painful and can go unnoticed and undiagnosed

5 things to look out for:

1. Unequal DEEP creases in the buttocks and thighs
2. During nappy changes on hip does not seem to move outwards as the other side OR both sides seem to be restricted with outward motion
3. Baby drags one leg when crawling
4. One leg is shorter than the opposite side
5. A “waddling” motion or a limp when they walk

If any of the above are present your baby **will need investigation**

